



## The Bands of Ola High School

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Dear Marching Band Parents and Students:

We hope that you are having a wonderful summer break! The marching band staff and the OHS band booster club have been working hard these past few weeks to ensure another terrific season for our marching band.

Can you believe that Marching Band Camp is right around the corner? Please see the Band Camp Schedule, which is included, as the Colorguard, Percussion, Section Leaders, and Wind Players all begin meeting on different days.

As members of the OHS Marching Band, students have the responsibility of taking special care of their bodies. Marching band is athletic in nature, and students should avoid eating too many unhealthy foods, and try to do some form of cardiovascular exercise to prepare for camp. Running, walking, swimming, biking, or push-ups—any type of physical activity is highly recommended. Students should get outside to get used to the heat. Before reporting for camp, students must eat a good breakfast and drink water. They **MUST** come in with a full tank in order to be successful for the day!

### Required Materials

1. Sun screen and lip balm— SPF 30 or higher (wear and bring extra to reapply)
2. Filled up water cooler – MUST BE A MINIMUM OF 1 GALLON (WITH NAME ON IT)
3. Shorts or comfortable athletic clothing
4. White or light colored t-shirt or tank top
5. Good tennis shoes that expose the ankle. NO HI-TOPS, FLIP FLOPS, SKATE SHOES, OR BACKLESS SHOES!

Students will be provided with a three ring binder for camp and a flip folder full of music. All marching band show music and drill coordinate sheets will go in this binder. It is very important that students keep up with their marching band binder.

\*\* In order to carry and keep up with all of these required items for all day camps, we recommend that students bring a backpack.

Please remember to bring in physical forms on the first day of camp. We will collect those physical forms at the start of our first rehearsal.

If you have any questions about band camp, feel free to contact me. We are really excited about this marching season with the OHS band. **Enjoy the last few weeks of summer break, and we look forward to seeing you all soon.**

Sincerely,

Todd Manson

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