



## The Bands of Ola High School

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Dear Marching Band Parents and Students:

We hope that you are having a wonderful summer break! The marching band staff and the OHS band booster club have been working hard these past few weeks to ensure another terrific season for our marching band.

Can you believe that Marching Band Camp is right around the corner? Please see the Band Camp Schedule, which is included, as the Colorguard, Percussion, Section Leaders, and Wind Players all begin meeting on different days.

As members of the OHS Marching Band, students have the responsibility of taking special care of their bodies. They should avoid eating too many unhealthy foods, and try to do some form of cardiovascular exercise. Running, walking, swimming, biking, push-ups—any type of physical activity is highly recommended. Students should get outside to get used to the heat. Before reporting for camp, students must eat a good breakfast and drink water. They **MUST** come in with a full tank.

### Required Materials

Failure to have the items listed below at every rehearsal will hinder the outcome of the rehearsal and possibly affect your child's health.

1. Sun Block and lip balm— SPF 30 or higher (wear and bring extra to reapply)
2. Water Cooler – MUST BE A MINIMUM OF 1 GALLON (WITH NAME ON IT)
3. Shorts or comfortable athletic clothing
4. White or light color T-Shirt or Tank Top
5. Good tennis shoes that expose the ankle. NO HI-TOPS, FLIP FLOPS, SKATE SHOES, OR BACKLESS SHOES!
7. Three Ring Binder and pencil— Drill sheets and music will be placed in this binder

\*\* In order to carry and keep up with all of these required items for all day camps, we recommend that students bring a backpack.

Please remember to bring in any outstanding payments and paperwork on the first day of camp, including physicals forms.

If you have any questions about band camp, feel free to contact me. We are really excited about this marching season with the OHS band. **Enjoy the last few weeks of summer break, and we look forward to seeing you all soon.**

Sincerely,

Todd Manson

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